

AMANTA RESOURCES LTD.
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NEWS RELEASE

Cease Trade Order

July 10, 2014, Amanta Resources Ltd. (TSX Venture Exchange: AMH) announces that, further to news releases dated June 26, 2014 and June 27, 2014, the Company was not granted a voluntary management cease trade order, and has been issued a cease trade order. Amanta anticipates filing its annual financial statements and its MD&A on SEDAR by August 15, 2014.

Amanta Resources Ltd. is focused on mineral exploration and development in Laos and remains the only Canadian company to be granted a minerals' concession in the Lao PDR. The Company has been developing the Luang Namtha project under a Joint Development Agreement with JOGMEC. Amanta is also pursuing additional exploration activities in Laos.

ON BEHALF OF THE BOARD OF AMANTA RESOURCES LTD.

"Gerald D. Wright"

**Gerald D. Wright,
President**

Neither the TSX Venture Exchange nor its Regulation Services Provider (as that term is defined in the policies of the TSX Venture Exchange) accepts responsibility for the adequacy or accuracy of this release.

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