

AMANTA RESOURCES LTD.
TSX Venture Exchange: AMH
5423 Monte Bre Place, West Vancouver, BC V7W 3A8
Phone (604) 730-9505 Fax (604) 648-8096
www.amantaresources.com

NEWS RELEASE

Cease Trade Order

July 8, 2014, Amanta Resources Ltd. (TSX Venture Exchange: AMH) announces that, further to news releases dated June 26, 2014 and June 27, 2014, it has not been granted a voluntary management cease trade order. As a result of this and due to the fact that the Company has not filed its annual financial statements and MD&A for the period ended February 28, 2014, an issuer cease trade order may be issued against the Company's securities at any time. Amanta anticipates filing its annual financial statements and its MD&A on SEDAR by August 15, 2014.

Amanta Resources Ltd. is focused on mineral exploration and development in Laos and remains the only Canadian company to be granted a minerals' concession in the Lao PDR. The Company has been developing the Luang Namtha project under a Joint Development Agreement with JOGMEC. Amanta is also pursuing additional exploration activities in Laos.

ON BEHALF OF THE BOARD OF AMANTA RESOURCES LTD.

"Gerald D. Wright"

**Gerald D. Wright,
President**

Neither the TSX Venture Exchange nor its Regulation Services Provider (as that term is defined in the policies of the TSX Venture Exchange) accepts responsibility for the adequacy or accuracy of this release.

For more information please contact Gerald Wright at 604-730-9505
or email info@amantaresources.com